



**XV ANNUAL NATIONAL CONFERENCE OF
INDIAN HERNIA SOCIETY**



IHSCON 2023

25th & 26th August, 2023 (Friday & Saturday)



ORGANIZED BY
DEPARTMENT OF SURGERY
INSTITUTE OF MEDICAL SCIENCES
BANARAS HINDU UNIVERSITY
VARANASI

VENUE
K.N. UDUPA AUDITORIUM
Banaras Hindu University
Varanasi

IN ASSOCIATION WITH :
VARANASI CHAPTER OF ASI
UNDER THE AEGIS OF
UPASI

Welcome Note

Dear Colleagues,

We have great pleasure and honor in inviting you to the 15th National Conference and Live Workshop of Indian Hernia Society (IHS), "IHSCON - 2023" at Varanasi to be held on 25th and 26th August, 2023 (Friday and Saturday). The purpose of this conference is to make the surgeons and surgical trainees aware of the latest developments in technique, skill and challenges in repair of all types of Hernia and to give an insight on the latest and upcoming developments. A series of Lectures, Videos and Live Workshop from eminent surgeons of National and International fame will be the highlights of this one and half day academic feast.

The city of Varanasi has been the spiritual, cultural and educational capital of India and is known as the oldest living city in the world. It is popularly referred to as the city of temples on bank of river Ganges. This is the place where Sushruta (father of Indian surgery) practiced his craft of surgery and Lord Budha gave his first sermon. It is befitting to host this conference in the city of Varanasi. It also harbors country's largest residential educational hub the "Banaras Hindu University". Varanasi is well connected by road, train and air to all major cities in India.

Apart from the scientific program there will be a feast of recreation, entertainment and sightseeing in and around Varanasi namely river Ganges boating, Kashi Vishwanath temple, Sarnath and Vindhyachal temple.

We look forward to welcome you at the 15th IHSCON 2023, Varanasi.



Organizing Chairman
Dr. Seema Khanna



Organizing Secretary
Dr. Mumtaz A. Ansari



Treasurer
Dr. Vivek Srivastava

Message from Indian Hernia Society

Dear Esteemed Members and delegates,

Warm greetings from the Indian Hernia Society.

Friends, after the COVID pandemic, we are wishing to meet you all for second time for a physical onsite event "IHSCON 2023" at Varanasi. Hernia is considered to be the bread winning surgery for any surgeon but at the same time its intricacies need to be well understood. Before embarking upon this so common yet not so simple domain of surgical discipline one needs to be abreast with knowledge of anatomy, physiology and latest operative technique. The Indian Hernia Society has taken this task of carrying out the training in field of hernia surgery.

We are pleased to invite you to the 15th Annual Conference of Indian Hernia Society at Varanasi. The scientific program has been carefully drawn up with operative live workshop on two days by the doyens of hernia surgery with orations, panel discussions, master video session, key note lectures and PG master class.

The organizing team of IHSCON 2023 under the dynamic leadership of Prof Mumtaz A. Ansari need to be complemented for organising this event at a short notice and we are sure that they will leave no stone unturned to organize a memorable event with a rich scientific content and a gala evening with fellows and fun.

We warmly welcome you to this conference and wish it a grand success.



Prof. Virendra Kumar Bansal

President, IHS



Prof. Asuri Krishna

Secretary, IHS

Message from Prof. M.C. Misra



Prof. M.C. Misra
Founder President
Indian Hernia Society

It is extremely heartening to note that Dr. Mumtaz A. Ansari (9415301805) and Dr. Vivek Srivastava (9453792147) accepted our request to organise the 15th Annual National Conference of Indian Hernia Society – IHSCON 2023 on 25th and 26th August 2023 at IMS, BHU, Varanasi.

Hernia repair has taken a centre stage over last decade particularly with the advent of Minimally Access techniques coming into vogue. Both groin hernia surgery as well as ventral/ incisional hernia repair are performed in large numbers by variety of procedures. There have been recent awakening about the various techniques for the repair of groin hernia with the standardization of endoscopic repairs. Abdominal wall Reconstruction has also taken a centre stage with the focus on component separation with particular attention on posterior component separation using Transversus Abdominis Release (TAR). There is also inclination towards eTEP (Enhanced View) for groin hernia and the same technique of eTEP helping to learn endoscopic abdominal wall reconstruction using TAR for complex and recurrent incisional and ventral hernias.

More and more experience with these techniques being shared in various live operative workshops and conferences. Additionally, data being published in current literature.

Groin hernia repair is one of the commonest general surgical procedures performed by general surgeons. Over 700,000 groin hernia repairs are performed each year in USA alone. The exact number in India is not known but according to conservative estimate more than 400,000 repairs are done each year in India. Open hernia repair continues to dominate and associated with significant morbidity if not performed by properly trained surgeons. Open hernia repair is the first elective operation performed by surgical trainees. To focus on surgical treatment of hernia; Shouldice Technique, Lichtenstein, laparoscopic (TEP & TAPP) repairs and different techniques of Incisional and ventral hernias will be demonstrated and discussed.

Ventral/incisional hernia repair is the next common hernia performed by general surgeon. In USA alone over 90,000 incisional hernia repair done each year. In India there are no definite data but more than 1,50,000 repairs might be performed according to conservative estimates. Sutured repair is associated with high recurrence rates (As high as 60%). Recurrence rates have significantly come down with the prosthetic repair. Lately laparoscopic repair of ventral/incisional hernia repair has become the standard of care due to overwhelming advantages in terms of reduced postoperative complications and recurrence. IHSCON 2023 will focus on various aspects of laparoscopic and conventional repair of ventral/incisional hernia.

I welcome you all for active participation during the CME, Conference and live operative workshop on various techniques for inguinal and ventral/incisional hernia repair. There shall be free papers and panel discussion covering various aspects of hernia repair. I am certain that the dynamic team lead by Dr. Mumtaz A. Ansari and Dr. Vivek Srivastava and their Team for putting up the absorbing scientific program and live operative workshop and wonderful hospitality.

On behalf of the Organizing Committee, we extend our heartfelt invitation to one and all.

This will be a grand event in Surgical Laparoscopy with participation of delegates from all over India and neighbouring countries. We have learnt reputed faculty from India and overseas are expected to actively participate in this event.

Those of you who would be keen to use the IHSCON 2023 to visit newly opened Kashi – Vishwanath Corridor and darshan, use this opportunity as Laparoscopy Hernia Pilgrimage.

We thank you for the wholehearted support to the Team VARANASI for organising IHSCON 2023.

The conference and Live Operative Workshop will focus on laparoscopic & open repair of inguinal and ventral/incisional hernias.

With all best wishes and greetings, I welcome one and all to the City of VARANASI.

Message from Prof. S.D. Maurya



Prof SD Maurya

Past President Indian Hernia Society &
Patron IHSCON 2022

It is a matter of great honor for Surgical fraternity of Varanasi and Department of Surgery, Institute of Medical Sciences, Banaras Hindu University for being entrusted upon with the responsibility of organizing 15th Annual National Conference of Indian Hernia Society – IHSCON 2023.

Surgical Fraternity of Varanasi has always been enthusiastic in organizing academic events and Live Operative Workshops.

Despite the paucity of time this time, I am sure that under the Patronship of Prof. V.K. Shukla, leadership of Prof. Mumtaz Ansari and Prof. Seema Khanna and the dynamic workforce of Prof. Vivek Srivastava and his team IHSCON 2023 will prove to be an academic event par excellence.

On behalf of the Organizing Team of IHSCON 2023, I take the privilege of inviting all of you to be a part of this Surgical feast on Hernia on 25th & 26th August, 2023.

My best wishes to the organizing team for a very successful IHSCON 2023.

Indian Hernia Society Executive Committee

Founder President	:	Dr. M.C. Misra
Imm Past Presidents	:	Dr. Jugalkishore B. Agarwal (2014) Dr. Rajeev Sinha (2015) Dr. R. Padmakumar (2016) Dr. Sandeep Kumar (2017) Dr. K.N. Srivastava (2018) Dr. Muneer Khan 2019 Dr Pawanindra Lal 2022
President (2024)	:	Dr. Devinder Pal Singh
President (2023)	:	Dr. Virinder Kumar Bansal
Vice-Presidents		
North Zone	:	Dr. Amit Srivastava
Central Zone	:	Dr. Mumtaz Ansari
South Zone	:	Dr. Madhukar Pai
Secretary – Treasurer	:	Dr. Anubhav Vindal
Secretary	:	Dr. Asuri Krishna
Hony Joint Secretary	:	Dr Piyush Patwa
Board Members	:	Dr. Vivek Srivastava (2023-2025)



ORGANIZING COMMITTEE

PATRONS	:	Prof. V.K. Shukla
ORGANIZING CHAIRMAN	:	Prof. Seema Khanna
ORGANIZING SECRETARY	:	Prof. Mumtaz A. Ansari
TREASURER	:	Prof. Vivek Srivastava
SCIENTIFIC COMMITTEE	:	Prof. A.K. Khanna Prof. S.K. Gupta
RECEPTION COMMITTEE	:	Prof. Rahul Khanna Prof. S.K. Bhartiya
WORKSHOP COMMITTEE	:	Prof. Puneet Prof. Satendra Kumar Dr. Sanjay Saroj
REGISTRATION COMMITTEE	:	Prof. S.K. Tiwari Dr. Vivek Katiyar Dr. Harikesh Yadav
ACCOMMODATION & TRANSPORT	:	Prof. R.N. Meena Dr. Arvind Pratap
AUDIO VISUAL COMMITTEE	:	Dr. Shashi Prakash Mishra Dr. Sumit Sharma

INVITED FACULTY

Dr Achal Gupta (Gwalior)
Dr. Afzal Anees
Dr Ajaz Ahmad Rather (Srinagar)
Dr Alok Abhijeet (Patna)
Dr Amjad Ali Rizvi (Aligarh)
Dr Anand K Mishra (Lucknow)
Dr Anubhav Vindal (New Delhi)
Dr Ashutosh Sayana (Haldwani)
Dr Ashwani Kumar (Patiala)
Dr Asuri Krishna (New Delhi)
Dr Atia Zaka-Ur-Rab (Aligarh)
Dr Brajesh Kumar (Jaipur)
Dr Chitta Ranjan Das (Bhubaneswar)
Dr D P Singh (Patiala)
Dr Deborshi Sharma (Delhi)
Dr Deep Goel (Delhi)
Dr G R Verma (Chandigarh)
Dr G S Moirangthem (Imphal)
Dr Ishant Chaurasia (Vidisha)
Dr J B Agrawal (Mumbai)
Dr JP Sharma (Dehradun)
Dr Jasdeep Singh (Amritsar)
Dr K N Srivastava (New Delhi)
Dr Madhukara Pai (Kochi)
Dr Maninder Pal Singh (Bathinda)
Dr MC Misra (New Delhi)
Dr Mohd Aslam (Aligarh)

Dr Mohd Habeeb Raza (Aligarh)
Dr. Musharraf Hussain
Dr Sendhil Kumar (Coimbatore)
Dr Muneer Khan (Srinagar)
Dr Nikhil Singh (Lucknow)
Dr P K Sachan (Dehradun)
Dr Pawanindra Lal (New Delhi)
Dr Piyush Patwa (Coimbatore)
Dr Prashant Bhowate (Nagpur)
Dr Probal Neogi (Prayagraj)
Dr R K Chrungoo (Jammu)
Dr R Padmakumar (Kochi)
Dr Rajeev Sinha (Jhansi)
Dr Rajesh Bhojwani (Jaipur)
Dr S K Misra (Kanpur)
Dr Sandeep Kumar (Lucknow)
Dr Sanjay Kala (Kanpur)
Dr Shabi Ahmad (Prayagraj)
Dr Shalabh Gupta (Ghaziabad)
Dr Subodh Kumar (New Delhi)
Dr Sudhanshu S Sutar (Bhubaneswar)
Dr Surinder Singh (Patiala)
Dr Tarun Mittal (New Delhi)
Dr V K Bansal (New Delhi)
Dr Vinod Jain (Lucknow)
Dr Yogesh Mishra (Lucknow)

PROGRAMME AT A GLANCE

25th August 2023

Registration	:	08.00 am onwards
Live Operative Workshop	:	09.00 am - 04.00 pm
Working Lunch	:	01.00 pm - 02.00 pm
Inauguration	:	04.00 pm - 04.15 pm
Presidential Oration	:	04.15 pm - 04.45 pm
IHS Oration	:	04.45 pm - 05.15 pm
GBM	:	05.15 pm - 06.00 pm
Dinner	:	08.00 pm Onwards

26th August 2023

Registration	:	08.00 am onwards
Live Operative Workshop	:	09.00 am - 12.00 pm
Panel Discussion	:	12.00 pm - 12.30 pm
Panel Discussion	:	12.30 pm - 01.00 pm
Lunch	:	01.00 pm - 01.30 pm
Master Videos	:	01.30 pm - 02.30 pm
Lectures	:	02.30 pm - 03.30 pm
PG Master Class	:	03.30 pm - 04.30 pm
Valedictory / High Tea	:	04.30 pm Onwards

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2023

VARANASI

REGISTRATION FORM

Name (In Capital Letters)

Spouse Registration Yes / No If Yes, Name

IHS Membership No. (Mandatory).....

Postal Address

Mobile E-mail.....

	Till July 15th 2023	July 16th 2023 onwards
IHS Member	3000/-	3500/-
Non IHS Member	3500/-	4000/-
PG Student	2500/-	3000/-
Spouse	3500/-	4000/-

PAYMENT DETAILS

For Online Transfer:

Account Name : SURGICON | Account No. 27790200000429 | IFSC : BARBoBHUVAR |
Bank Name: BANK OF BARODA.

For DD/Cheques :

Please send completed form along with the DD/Cheques in favour of "SURGICON" payable at Varanasi to "Department of Surgery, IMS, BHU, Varanasi"

Scan for Payment for Registration:

Please send a scanned copy of transfer receipt to

ihscon2023vns@gmail.com or
send to Whatsapp number [9891330418](https://www.whatsapp.com/channel/002919891330418).

